Elder Care Helps

Medicare.gov has a PACE finder tool that works. Just go to the site and type in PACE Program

Caregiver burnout is a genuine medical crisis! Full time caregivers have a 63% increase in overall mortality, then who takes care of their family member?

Some programs have home health benefits, home health aids, and visits several times a week and can monitor blood pressure, pulse, temperature, fall monitoring, even weight for some patients with cardiac issues.

Transfer trauma is real. 90% of seniors show measurable cognitive decline within 60 days of admission to an institutional facility.

Medicare Part A covers home healthcare if a doctor certifies it. Coverage applies to those who have recently been hospitalized, have a chronic condition that requires home care or functional limitations affecting daily activities you will likely qualify.

Intentional senior housing co-communities.

Intentional structured multigenerational living where people have different generations living together.

AARP home fit guide and the National Ageing In Place Council can connect you with certified aging in place specialists, contractors, occupational therapists, etc which can tell you what kind of fitting you need for your hoe such as ramps etc. Many states also offer grant programs and low interest loans to seniors to pay for this. Your local area agency on aging which you can find that at www.eldercare.acl.gov

Respite care, short term relief care provided by professional specialists is covered by many Medicare Advantage plans and most state Medicaid waiver programs.

PACE plus village network model utilizes self-directed aging ecosystems. Seniors remain in their own home. They joined a membership-based village network and their community. That network consists of volunteer and of paid coordinators providing a comprehensive web of support that is customized entirely to what the individual needs. Need someone to explain Medicare, they have that, install grab bars, they have that, need someone to sit with you because your spouse just died, they have that, haven't spoken to anyone in 4 days, the Village Network has that too. Website for village networks is www.vtvnetwork.org